

# Sheep Fishing



Discipleship for New (and Not Yet) Christians

## Discipleship for New (and Not Yet) Christians

We are told to go and make disciples, not just converts, so as we witness and see people turn to follow Jesus we have a responsibility to disciple them into their new faith. In this document you will find some tools to help you, most are from [www.movements.net](http://www.movements.net) where you will find videos and more training tools.

Our aim is to help new disciples of Jesus to follow Him well, He is the Good Shepherd and we are His sheep, and to become a witness (#everyoneawitness), and fish for new disciples. Our objective is:

- Train everyone to be able to share the Gospel
- Train everyone to tell their Story
- Train everyone to be able to read the Bible effectively
- Encourage everyone to begin a journey of lifelong discovery and growing in Jesus starting with baptism
- To see everyone filled with the Holy Spirit and living a life of holiness
- To explain what a healthy church looks like and help them join a church

Your Life Group Leader, Elders, and others are available to support you, and there are many church led programmes which will help as you disciple a new Christian, such as:

- Alpha
- Foundation Course
- Get Connected Course
- Booklets on Baptism, The Lord's Supper, Belonging to the church
- Growing in God training and equipping programme
- Sunday Meetings and Life Groups

Our suggestion is that you arrange to meet regularly, (weekly or fortnightly) for one hour, with the person or persons that you are going to disciple. Always ask them if there is anyone else that they know would be interested in learning how to follow Jesus and encourage them to invite them along. Please use the following tools and material as your content:

- Tools
  - Discovery Bible Study – A tool to help read and apply a bible story
  - 3Thirds Discipleship Model – A tool to guide you through a discipleship session either one on one or in a group
- Material
  - Seven Stories of Hope – for new or not yet Christians
  - Commands to Follow – for new Christians
  - Longer Term Discipleship – for new Christians

## Using the Discovery Bible Study Method

1. Read the Bible Story
2. Ask them to re-tell the story in their own words (at least once)
3. Ask four questions:
  - a. What does this story tell us about God?
  - b. What does this story tell us about people?
  - c. Is there a command to obey or an example to follow or a promise to live by?
  - d. How does this apply to my life?

## Using the 3Thirds Discipleship Model

A disciple is someone who is following Jesus and learning how to fish for people. Here is a simple way of gathering with other disciples to learn how to follow and fish in three parts.

### First Third: Look back

#### 1. Care

- Share any highlights or lowlights since you last met.
- Pray for any needs in the group.

#### 2. Worship

- Find a simple, relevant way to worship God.
- For example: read a passage of the Bible and respond to God in prayer; or sing songs of worship.

#### 3. Accountability

- Follow
  - How did you obey the lesson from last time?
- Fish
  - Did you pray with anyone who was in need?
  - Who did you share your story and/or Jesus' story?
  - Did you find a person of peace?

#### 4. Casting vision for reaching lost people and making disciples.

- Share an encouraging challenge to reach people far from God.
- Pray for people you know who are not following Jesus.

### Second Third: Look up

#### 5. New lesson – Discovery Bible Study

Read the Bible story or passage.

- Without looking at the text, retell the passage in your own words (at least once).
- Ask someone in the group if they would like to retell the story
- What does the passage teach us about God?
- What does it teach us about people?
- Is there a command to obey or an example to follow?
- How does this apply to my life?

### Final Third: Look forward

#### 6. Practice

- Practice or retell the new lesson you have learned.

#### 7. Set goals and pray

- What do you need to do this week to obey what you've learned?
- Who could you share this passage with?
- Who will you share the gospel with this week?
- Pray
- Or use C.O.S.T. (Connect, Obey, Share, Train)

Another way of looking at the 3Thirds Discipleship Model in a table

The 3Thirds Discipleship Model		
Look back	Look up	Look forward
<p>1. Mutual care: How are you doing?</p> <p>2. Worship: Praising God in a simple, relevant way.</p> <p>3. Accountability*</p> <ul style="list-style-type: none"> <li>◦ Follow: How did you obey the lesson from last time?</li> <li>◦ Fish: Did you pray with anyone who was in need?</li> <li>◦ Did you share your story and/or Jesus' story?</li> <li>◦ Did you find a person of peace?</li> </ul> <p>4. Casting vision* for reaching lost people and making disciples.</p>	<p>5. New lesson: Enough Biblical content to obey and pass it on.</p> <p>Use the Discovery Bible Study Method:</p> <ul style="list-style-type: none"> <li>a. Read the Bible Story</li> <li>b. Ask them to re-tell the story in their own words</li> <li>c. Ask four questions <ul style="list-style-type: none"> <li>i. What does this story tell us about God?</li> <li>ii. What does this story tell us about people?</li> <li>iii. Is there a command to obey or an example to follow or a promise to live by?</li> <li>iv. How does this apply to my life?</li> </ul> </li> </ul>	<p>6. Practice* the lesson until everyone is confident and competent to apply the learning. e.g. Retell your story, Jesus' story, or this week's story.</p> <p>7. Set goals and pray:*</p> <p>Goals for personal growth, sharing the gospel, and training others.</p> <p>C.O.S.T. How are you going to:</p> <ul style="list-style-type: none"> <li>- Connect with God?</li> <li>- Obey?</li> <li>- Share with others?</li> <li>- Train others?</li> </ul>
1/3 of your time (e.g. 20 mins)	1/3 of your time (e.g. 20 mins)	1/3 of your time (e.g. 20 mins)

\* If time is short, make it a priority to cover the sections with an asterix

## Seven Stories of Hope

If you have shared the Gospel with someone and they are not ready to receive Christ, or for someone who has just decided to follow Jesus, offer to meet with them to discuss some stories about Jesus from the Bible. Choose a story from the list below and do a Discovery Bible Study with them.

1. The woman who wept (Luke 7:36-50).
2. Accepted by God (Luke 18:9-17).
3. A hole in the roof (Luke 5:17-26).
4. Two lost sons (Luke 15:11-32).
5. Death and forgiveness (Mark 15:16-39).
6. New life, new purpose (Matthew 28:1-20).
7. Which soil are you? (Mark 4:1-20).

When you meet for Discovery Bible Study follow the 3Thirds pattern for making disciples

## Commands to Follow

These studies are ideal for new Christians to help them understand more about their new faith.

1. Repent and Believe (Mark 1:14-15, Acts 2:36-37, 2 Corinthians 5:17-21)
2. Be Baptized (Matt 28:19, Acts 2:36-47, Acts 8:26-40, Matt 3:13-16, Rom 6:3-4)
3. Be Filled with the Holy Spirit (Luke 11:9-13, Acts 1:8, Acts 2:1-4, Acts 2:36-47)
4. Make Disciples (Matt 28:19, John 4:4-42)
5. Pray (Matthew 6:5-15, Acts 2:36-47)
6. Love (Matt 22:37-39, Luke 10:25-37, John 13:34-35)
7. Celebrate Lord's Supper (Luke 22:19-20, Acts 2:36-47, 1 Corinthians 11:23-29)
8. Forgive (Matt 18:21-35, Eph 4:32)
9. Give (2 Corinthians 8:9, 9:6-8)
10. Gather (Acts 2:36-47, Acts 4:31, Acts 5:12, Acts 19:9, Romans 16:5)

When you meet for Discovery Bible Study follow the 3Thirds pattern for making disciples

## LONGER TERM DISCIPLESHIP

Use the 3Thirds pattern to work through the Gospel of Mark. If you finish Mark, continue to work through the Bible using the 3Thirds.

1. Mark 1: 1-8
2. Mark 1:9-15
3. Mark 1:16-20
4. Mark 1: 21-28
5. Mark 1: 29-34
6. Mark 1: 35-45
7. Mark 2: 1-12
8. Mark 2: 13-17
9. Mark 2: 18-28
10. Mark 3: 1-12
11. Mark 3: 13-19
12. Mark 3: 20-30
13. Mark 3: 31-35
14. Mark 4: 1-20
15. Mark 4:21-25
16. Mark 4:26-29
17. Mark 4: 30-34
18. Mark 4: 35-41
19. Mark 5: 1-20
20. Mark 5: 21-24; 35-43
21. Mark 5: 25-34
22. Mark 6: 1-6
23. Mark 6:7-13
24. Mark 6: 14-29
25. Mark 6: 30-32
26. Mark 6: 33-44
27. Mark 6: 45-52
28. Mark 6: 53-56
29. Mark 7: 1-13
30. Mark 7:14-23
31. Mark 7: 24-30
32. Mark 7: 31-37
33. Mark 8: 1-10
34. Mark 8: 11-21
35. Mark 8:22-26
36. Mark 8: 27-38; 9:30-32
37. Mark 9: 1-8
38. Mark 9: 9-13
39. Mark 9:14-29
40. Mark 9: 33-37
41. Mark 9: 38-50
42. Mark 10:1-12
43. Mark 10: 13-16
44. Mark 10: 17-31
45. Mark 10: 32-34
46. Mark 10: 35-45
47. Mark 10: 46-52
48. Mark 11:1-11
49. Mark 11: 12-18
50. Mark 11: 19-26
51. Mark 11:27-33
52. Mark 12:1-12
53. Mark 12:13-17
54. Mark 12:18-27
55. Mark 12: 28-34
56. Mark 12: 35-40
57. Mark 12: 41-44
58. Mark 13:1-8
59. Mark 13:9-13
60. Mark 13: 14-27
61. Mark 13: 28-37
62. Mark 14:1-10
63. Mark 14:11-21
64. Mark 14:22-26
65. Mark 14:27-31
66. Mark 14:32-42
67. Mark 14:43-52
68. Mark 14:53-65
69. Mark 14:66-72
70. Mark 15:1-15
71. Mark 15:16-47
72. Mark 16: 1-8
73. Mark 16: 9-13
74. Mark 16:14-20