



Discipleship for New (and Not Yet) Christians

We are told to go and make disciples, not just converts, so as we witness and see people turn to follow Jesus, we have a responsibility to disciple them into their new faith.

Our aim is to help new disciples of Jesus to learn to follow Him, become a witness (#everyoneawitness) and fish for new disciples. Our objective is:

- Train everyone to be able to share the Gospel
- Train everyone to tell their Story
- Train everyone to be able to read the Bible effectively
- Encourage everyone to begin a journey of lifelong discovery and growing in Jesus starting with baptism
- To see everyone filled with the Holy Spirit and living a life of holiness
- To explain what a healthy church looks like and help them join a church

Our suggestion is that you arrange to meet regularly, (weekly or fortnightly) for at least one hour, with the person or persons that you are going to disciple. Always ask them if there is anyone else that they know would be interested in learning how to follow Jesus and encourage them to invite them along. Please use the following tools and material as your content:

- Tools
 - Discovery Bible Study – A tool to help read and apply a bible story
 - 3 Thirds Discipleship Model – A tool to guide you through a discipleship session either one on one or in a group
- Material
 - Seven Stories of Hope - for not yet Christians
 - Commands to Follow – for new Christians

* 3 Thirds format originally created by Ying and Grace Kai and has been field-tested all over the world in most contexts and provides what is necessary to prompt Gospel-based obedience discipleship which can multiply healthy disciples, groups and churches.

* Commands to Follow is an adaptation of George Patterson's 7 Commands of Christ

Discipleship for New (and not yet) Christians

Using the Discovery Bible Study Method

1. Tell the Bible Story in your own words
2. Ask them to re-tell the story in their own words (at least once)
3. Read the passage from the bible
4. Ask four questions:
 - a. What does this story tell us about God?
 - b. What does this story tell us about people?
 - c. Is there a command to obey or an example to follow or a promise to trust or a sin to avoid?
 - d. How does this apply to my life?

These questions are open for anyone to answer from the Bible. As people answer from scripture, the Holy Spirit will teach everyone how to understand and obey God and His Word.

Note

As the facilitator, keep the group focused on the specific story or passage you are studying. If there are seasoned believers in the group, they may intimidate new believers by jumping around from passage to passage. We do not want new believers to think that simply “knowing” a lot equals maturity. However, each week as believers learn more scripture, while obeying it, God will mature them in His timing. Also, make sure all the answers come from the Bible, not simply someone's opinion or “what I think this means to me.”

Discipleship for New (and not yet) Christians

Using the 3Thirds Discipleship Model

A disciple is someone who is following Jesus and learning how to fish for people. Here is a simple way of gathering with other disciples to learn how to follow and fish in three parts.

First Third: Look back

1. Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

2. Worship

- Find a simple, relevant way to worship God.
- For example: read a passage of the Bible and respond to God in prayer; or sing songs of worship.
- Share Communion (either here or at the end)

3. Loving Accountability

- Follow
 - How did you obey the lesson from last time?
- Fish
 - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?
 - Did you find a person of peace?

4. Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

5. New lesson – Discovery Bible Study

- Bible story or passage. (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, an example to follow, a promise to trust, or a sin to avoid?
 - How does this apply to my life?

Final Third: Look forward

6. Practice

- Practice one of the tools or retell the new lesson you have learned.

7. Set goals

- Use C.O.S.T. (Connect, Obey, Share, Train)
 - Connect – How are you going to connect with God?
 - Obey – How are you going to obey what we have learnt?
 - Share – Who will you share the gospel with? (use 3 Circles)
 - Teach / Train – Who can you train this week?

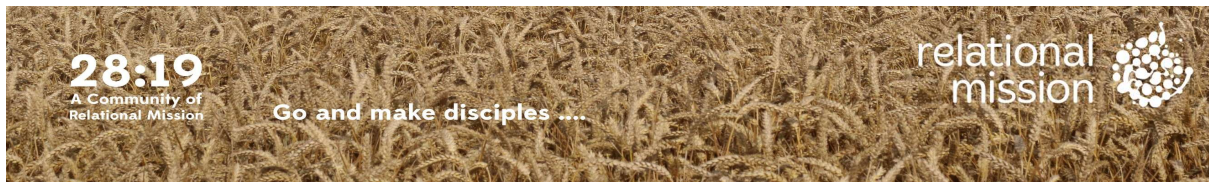
8. Pray and Commission

Discipleship for New (and not yet) Christians

Another way of looking at the 3 Thirds Discipleship Model in a table

The 3 Thirds Discipleship Model		
Look back	Look up	Look forward
<p>1. Mutual care: How are you doing?</p> <ul style="list-style-type: none"> Share any highlights or lowlights since you last met. Pray for any needs in the group. <p>2. Worship: Praising God in a simple, relevant way.</p> <ul style="list-style-type: none"> For example: read a passage of the Bible and respond to God in prayer; or sing songs of worship. Share Communion (here or at the end) <p>3. Loving Accountability*</p> <ul style="list-style-type: none"> Follow How did you obey the lesson from last time? Fish Did you pray with anyone who was in need? Who did you share your story or the Gospel, or last week's story with? <p>4. Casting vision*</p> <ul style="list-style-type: none"> Why do we gather? (to encourage one another and grow in Christ) Share vision for reaching the lost and making disciples & pray for the lost. 	<p>5. New lesson: Enough Biblical content to obey and pass it on.</p> <p>Use the Discovery Bible Study Method:</p> <ul style="list-style-type: none"> a. Bible Story (Tell; Re-tell; Read; Re-tell) b. Ask four questions <ul style="list-style-type: none"> i. What does this story tell us about God? ii. What does this story tell us about people? iii. Is there a command to obey, an example to follow, a promise to trust or a sin to avoid? iv. How does this apply to my life? 	<p>6. Practice* the lesson until everyone is confident and competent to apply the learning. e.g. Retell your story, Jesus' story, or this week's story. Or practice a tool, e.g. 3 Circles.</p> <p>7. Set goals:* Goals for personal growth, sharing the gospel, and training others.</p> <p>C.O.S.T. How are you going to:</p> <ul style="list-style-type: none"> - Connect with God? - Obey? - Share with others? - Train others? <p>8. Pray and Commission</p>
1/3 of your time (e.g. 20 mins)	1/3 of your time (e.g. 20 mins)	1/3 of your time (e.g. 20 mins)

* If time is short, make it a priority to cover the sections with an asterix



Discipleship for New (and not yet) Christians

Seven Stories of Hope

If you have shared the Gospel with someone and they are not ready to receive Christ, or for someone who has just decided to follow Jesus, offer to meet with them to discuss some stories about Jesus from the Bible. Choose a story from the list below and do a Discovery Bible Study with them.

1. The woman who wept (Luke 7:36-50).
2. Accepted by God (Luke 18:9-17).
3. A hole in the roof (Luke 5:17-26).
4. Two lost sons (Luke 15:11-32).
5. Death and forgiveness (Mark 15:16-39).
6. New life, new purpose (Matthew 28:1-20).
7. Which soil are you? (Mark 4:1-20).

When you meet for Discovery Bible Study follow the 3Thirds pattern for making disciples



Discipleship for New (and not yet) Christians

Commands to Follow

These studies are ideal for new Christians to help them understand more about their new faith.

1. Repent and Believe
2. Be Baptised
3. Be Filled with the Holy Spirit
4. Make Disciples
5. Pray
6. Persevere
7. Love
8. Celebrate the Lord's Supper
9. Give
10. Gather

The following details are meant to be used as the “Looking Up” part of the 3 Thirds format outlined above. Please do not skip any of the elements of the 3 Thirds especially those marked with an Asterix as these are essential elements to see obedient disciples mature in the Lord and be involved in His Mission.

- Make sure everyone has their own bible (New Testament) (paper not digital)
- Encourage everyone to turn to the reading that you are using for your story
- Use a readable version like NIV or NLT.

Discipleship for New (and not yet) Christians

1) Repent and Believe

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

New lesson – Discovery Bible Study

- Read this week's command – Mark 1:14-15
- This week's story - Luke 19:1-10 – (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, an example to follow, a promise to trust, or a sin to avoid?
 - How does this apply to my life?
- Explore further
 - What does "Repent" mean – Turning from sin and following Jesus
 - What does "Believe" mean – Believing that Jesus died and rose again and trusting Jesus as Lord
 - Why should we repent? – Romans 3:23, 6:23, 10:9
 - Who should repent? – Acts 2:38-41 – everyone must repent for forgiveness
 - Share the gospel (3 Circles) with any new people and invite them to follow Jesus

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice telling others what Repent and Believe mean

Set goals

- Connect – with God?
- Obey – From our study, what are you going to go and do?
- Share – Who will you share the gospel with?
- Teach / Train – What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

2) Be Baptised

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command Matt 28:18-20
- Story - Acts 8:26-39 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, an example to follow, a promise to trust, or a sin to avoid?
 - How does this apply to my life?
- Explore further
 - What is Baptism – be ready to explain practically and spiritually using Romans 6:3-4
 - Why should we be baptised – Matthew 3:13-15 – Jesus received baptism, so should we. Being baptised identifies us with Jesus as our Lord
 - Who should be baptised – Acts 2:38 everyone who repents and believes
 - When should we be baptised – as soon as possible see Acts 8:26-39
- Make specific plans to baptise new believers

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice baptising someone.

Set goals

- Connect – with God?
- Obey – From our study, what are you going to go and do?
- Share – Who will you share the gospel with?
- Teach / Train – What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

3) Be Filled with the Holy Spirit

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command Acts 2:38
- Story - Luke 11:9-13 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, an example to follow, a promise to trust, or a sin to avoid?
 - How does this apply to my life?
- Explore further
 - John 7 :37-39 – Holy Spirit is within us as streams of living water
 - Acts 1:8 - Jesus said that they would be filled with the Holy Spirit
 - Acts 2:1-4 – The Holy Spirit came upon the disciples
 - How do you receive the Holy Spirit? – Ask Luke 11:13
- Lay hands on those who want to be filled with the Holy Spirit

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.

Set goals

- Connect – with God?
- Obey – From our study, what are you going to go and do?
- Share – Who will you share the gospel with?
- Teach / Train – What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

4) Go & Make Disciples

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command Matthew 28:18-20
- Story - John 4:4-42 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, an example to follow, a promise to trust, or a sin to avoid?
 - How does this apply to my life?
- Explore Further
 - Who should we share with - John 4:16 - families, friends, neighbours
 - What should we say - John 4:29 - her story and Jesus' story (the gospel)
 - Who is qualified - The Samaritan woman was! Every believer

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Use People Map to pray for people
- Practice 3 Circles

Set goals

- Connect - with God?
- Obey - From our study, what are you going to go and do?
- Share - Who will you share the gospel with?
- Teach / Train - What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

5) Learn to Pray

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command Matthew 6:9-13
- Story - Matthew 6:5-15 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, example to follow, promise to trust, sin to avoid?
 - How does this apply to my life?
- Explore Further
 - Why do we pray? – God hears us and we desire His will to be done on earth
 - How do we pray? – by simply talking with God
 - “Our Father...” God is your heavenly father
 - “Hallowed be your name...” Ask for God to glorify himself through your life
 - “Your kingdom come, Your will be done...” Surrender to God's kingdom and will being done in and through your life
 - “Give us today our daily bread...” Ask for your needs
 - “Forgive us our debts...” Ask for forgiveness of any sin, and forgive others
 - “Deliver us from the evil one” Pray for deliverance when facing temptation

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice praying the Lord's Prayer

Set goals

- Connect – with God?
- Obey – From our study, what are you going to go and do?
- Share – Who will you share the gospel with?
- Teach / Train – What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

6) Worship through Perseverance

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command Matthew 4:10
- Story - Acts 16:25-34 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, example to follow, promise to trust, sin to avoid?
 - How does this apply to my life?
- Explore Further
 - Who will be persecuted - Matthew 10:16-33 - Every believer must be prepared for persecution
 - What is our hope amidst persecution - 2 Corinthians 4:5-18 - our eternity is secure through Jesus
 - How can we persevere when persecuted?
 - Don't fear, but rejoice - Matthew 5:11-12
 - Keep proclaiming Jesus - Matthew 24:13-14

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice the Three Circles

Set goals

- Connect - with God?
- Obey - From our study, what are you going to go and do?
- Share - Who will you share the gospel with?
- Teach / Train - What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

7) Love

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command - Matthew 22:37-39
- Story - Luke 10:25-37 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, example to follow, promise to trust, sin to avoid?
 - How does this apply to my life?
- Explore Further
 - What is love? - John 15:13, 1 Corinthians 13
 - Why do we love? - John 13:34-35
 - Who do we love? - Matthew 22:37-39
 - How do we love? - John 14:15, 21:17

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice the Three Circles

Set goals

- Connect - with God?
- Obey - From our study, what are you going to go and do?
- Share - Who will you share the gospel with?
- Teach / Train - What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

8) Celebrate Lord's Supper

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command – Matthew 26:26-28
- Story - Luke 22:7-20 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, example to follow, promise to trust, sin to avoid?
 - How does this apply to my life?
- Explore Further using 1 Corinthians 11:23-29
 - What is the Lord's Supper?
 - Why do we eat the Lord's Supper?
 - Who should receive the Lord's Supper?
- Share the Lord's Supper now, and plan to do this each time you gather from now on

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice the Three Circles

Set goals

- Connect – with God?
- Obey – From our study, what are you going to go and do?
- Share – Who will you share the gospel with?
- Teach / Train – What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

9) Give

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.
- Share Communion (either here or at the end)

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
- Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command – Matthew 6:1-4
- Story - Mark 12:41-44 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, example to follow, promise to trust, sin to avoid?
 - How does this apply to my life?
- Explore Further
 - What should we give to God? – Our money, time, lives
 - Why should we give to God? - 2 Corinthians 9:6-7 (everything is His anyway Psalm 24:1)
 - How do we give to God? – Cheerfully (2 Cor 9:7) secretly (Matt 6:4)
 - Who do we give to? – Those in need (Acts 4:32-35) The Church (2 Cor 9)

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice the Three Circles

Set goals

- Connect – with God?
- Obey – From our study, what are you going to go and do?
- Share – Who will you share the gospel with?
- Teach / Train – What you have learnt or teach other tools

Pray and Commission

Discipleship for New (and not yet) Christians

10) Gather

First Third: Look back

Care

- Share anything to be thankful for or anything to pray for since you last met.
- Pray for any needs in the group.

Worship

- Find a simple, relevant way to worship God.
- E.g. read a passage of the Bible and respond to God in prayer; or sing songs of worship.
- Share Communion (either here or at the end)

Loving Accountability

- Follow - How did you obey the lesson from last time?
- Fish - Did you pray with anyone who was in need?
 - Who did you share your story or the Gospel, or last week's story with?

Cast vision

- Why do we gather? (to encourage one another and grow in Christ)
- Share vision for reaching the lost and making disciples
 - Share an encouraging challenge to reach people far from God.
 - Pray for people you know who are not following Jesus.

Second Third: Look up

- Command - Hebrews 10:24-25
- Story - Acts 2:36-47 (Tell; Re-tell; Read; Re-tell)
- Ask these questions:
 - What does the passage teach us about God?
 - What does it teach us about people?
 - Is there a command to obey, example to follow, promise to trust, sin to avoid?
 - How does this apply to my life?
- Explore Further
 - Who is the church? Acts 2:41 - Baptised believers
 - What is the church gathering to do? Acts 2:36-41 - Proclaim the gospel & make disciples; baptize believers, obey God's Word, take Lord's Supper, Pray, Love and fellowship together, give to each other's needs, Praise and Worship God
 - When does a church gather? Acts 2:46, Hebrews 10:24-25 - Regularly.
 - Where does a church gather? Acts 2:46, 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1-2 - Homes and other buildings
 - Why does the church gather? 1 Corinthians 10:31, Hebrews 10:24-25 - Glorify God, encourage, and hold one another accountable.

Final Third: Look forward

Practice

- Practice or retell the new lesson you have learned.
- Practice the Three Circles or Church Circle

Set goals

- Connect - with God?
- Obey - From our study, what are you going to go and do?
- Share - Who will you share the gospel with?
- Teach / Train - What you have learnt or teach other tools

Pray and Commission